

BIMONTHLY

# CECOS INSIGHT



Jan - Feb 2020

Official Publication of CECOS College London

# NEWSLETTER





## **PRINCIPAL MESSAGE**

Firstly a belated Happy New Year and wish you success in your studies at CECOS College. A warm welcome to our 120 new learners who started their journey to receive a Higher National Certificate in Business.

2020 brings exciting times for CECOS College London. We are moving to a much larger Campus in April in Edmonton Green offering enhanced learning and teaching areas, student social space and a dedicated student support centre. More details to follow in future up-dates.

In addition to the move, we are currently working with a university partner to offer the level 6 BA (Hons) Business Management from September 2020 so learners will be able to complete a full honours degree at CECOS. This will make the progression more streamlined for our students so they can stay in one place to complete a full degree. More details will follow in future up-dates.

I am sad to announce that our fantastic Attendance Monitoring Officer, Amina will be leaving us in March and we wish her all the best in her new endeavors. I am glad to welcome two new staff members, Mahnaz (Admissions Officer) and Cynthia (Academic Support Officer) to the CECOS Team.



Finally I am delighted to report that we had our Pearson Annual Academic Management Review (AMR) on 12th February 2020 which we received no essential actions or recommendations in any part of the report. This is a fantastic outcome and thanks to the brilliant CECOS higher education team!



**CECOS**  
COLLEGE LONDON

# VISITS IN THE NEW YEAR

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Team CECOS were proud to invite David Fowler, Head of Higher Education of East Sussex College Group (pictured on the left) to our South Woodford Campus. Both parties are happy with how the partnership is progressing and look forward to working with them in the future. Thank you David for your insight into Higher Education and the numerous stories you shared on the day.



The new term also welcomed Prevent Coordinator for London, Jake Butterworth, who delivered a training session to staff exploring key issues relating to radicalisation and extremism, how it can take root and develop, what you can do to prevent it, and most importantly, how your concerns about a vulnerable individual can be appropriately shared in order to access specialist support.



## STUDENT COUNCIL COMMENCES

February saw our first Student Council Meeting of 2020. The council is comprised of student representatives from each group who were nominated by their peers.

The role itself will improve their leadership and public speaking skills. They can also add this important role to their CV.

Well done to all the representatives elected!



# FURTHER EDUCATION ROUND-UP

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## IT PROFESSIONAL LEARNERS

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Well done to all our Watford learners who successfully completed their unit in PC Building. This is part of our Level 2 IT course. Keep up the good work and utilise you're new found skills in the workplace.



## GATEWAY HOUSING ASSOCIATION

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January marked the start of CECOS College's partnership with Gateway Housing Association in Mile End

Our very own tutor Gulshad will be running a 10 week English and Employability programme helping unemployed residents within Tower Hamlets.

We look forward to see how our partnership progresses.



## **APPRENTICESHIP ACADEMY**

CECOS College is delighted to announce their new apprenticeship service for employers and employees throughout London.

“Having delivered outstanding programmes within the FE and HE sector for many years, delivering an outstanding Apprenticeship service is part of the natural progression for the College” - Dr Mudassir Tanveer (MD of CECOS College London).

The apprenticeships we offer will initially be within the health & social care sector and business management and IT industry. We will keep you posted how it progresses...



## **INDUCTION MONTH IN JANUARY**

January has been a busy month for CECOS College has been completing multiple inductions for all of our new HNC & HND students. We are happy to say we have had a very successful intake and have reached our targets for the year so far. We would like to give a warm welcome to all of our new students and hope we can live up to your expectations!



# WHAT IS YOUR JOB ROLE IN CECOS COLLEGE AND WHAT IS A TYPICAL DAY FOR YOU?

I'm the Student Welfare Officer. Every day is never the same. It will range from Student Support, Finance, Admissions, Attendance, and English Assessment Orientation.

## WHAT ARE 3 WORDS YOU'D USE TO DESCRIBE CECOS COLLEGE?

Well disciplined, welcoming and focused.

## WHAT IS THE ONE THING YOU CANNOT RESIST?

It is the nature of the wise to resist pleasures, but the foolish to be a slave to them.

## WHAT IS YOUR GREATEST FEAR?

All fears ultimately come down to the fear of death. We do need to acknowledge it and extend compassion and understanding towards it. We also need to develop courage and vulnerability in the face of fear so we can live our lives authentically. I've learned that fear limits you and your vision. The journey is valuable, but believing in your talents, your abilities, and your self-worth can empower you to walk down an even brighter path. Transforming fear into freedom.



## WHERE IS YOUR FAVORITE PLACE TO BE?

Of all the places I have ever been, the human mind is the most beautiful place.

## WHAT WOULD YOU DO (FOR A CAREER) IF YOU WEREN'T DOING THIS?

I love philosophy, history and biology. To really change the world, to help people change the way they see things. Global betterment is a mental process, not one that requires huge sums of money or a high level of authority. Change has to be psychological. So if you want to see real change, stay persistent in educating humanity on how similar we all are than different. Don't only strive to be the change you want to see in the world, but also help all those around you see the world through commonalities of the heart so that they would want to change with you. This is how humanity will evolve to become better. This is how you can change the world. The language of the heart is mankind's main common language.





## **ANY FAVORITE LINE FROM A MOVIE?**

It is only with the heart that one can see, hear and feel clearly. Think of an image, music or movie that moves you. Things that we truly love touch our heart before our head analyzes them away. Once we think we understand them, they disappear... It is because simple things in life are invisible, inaudible and insensible to an analytical mind and an undiscerning heart. Let your heart hear the music -- be moved by images, people and places... for that makes you more alive than others.

## **TELL US SOMETHING THAT MIGHT SURPRISE US ABOUT YOU.**

I sing, play three music instruments, speak three languages fluently and eager to learn more. I am currently doing my HR CIPD Diploma which means soon I will be a qualified Member of the Chartered Institute of Personnel and Development. I make my own balms, creams, oils made from organic herbs and plants. Also candles from the finest beeswax. For thousands of years people from all corners of the globe have used herbs and plants to cure or prevent disease it enhanced and expanded my spiritual practice by connecting me deeply with Nature.



## **IF YOU COULD LEARN TO DO ANYTHING, WHAT WOULD IT BE?**

I would always want to see the light and beauty in every human there is. To always be kind, pure and brave. Our lives are mere flashes of light in an infinitely empty universe. The most important lesson I have learned is that what we see as "normal" living is truly a travesty of our potential. In a society so governed by superficiality, appearances, and petty economics, dreams are more real than anything in the "real world". Refuse normalcy. Beauty is everywhere, love is endless, and joy bleeds from our everyday existence. Embrace it. I love all my friends, family, and community. I am ceaselessly grateful from the bottom of my heart for everyone. The only thing I can ask is stay free of materialism. Remember that every day contains a universe of potential; exhaust it. Live and love so immensely that when death comes there is nothing left for him to take. Wealth is love, music, learning, family and freedom. Above all, stay gold

## **IF YOU WON THE LOTTERY, WHAT IS THE FIRST THING YOU WOULD DO?**

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I would help those in need. World hunger has been a constant problem throughout the ages. It is a problem that should be able to be solved easily, yet there are still 1.02 billion undernourished people worldwide. With the world population being 6.7 billion people, and the Earth producing more than enough food for this amount of people, why is it that there are hungry, malnourished people all around the globe?



## **WHAT IS THE FIRST CONCERT YOU ATTENDED?**

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When I was younger I used to perform a lot as I was very musical. Only recently I started going to Operas and Classical Music Concerts.

## **IF YOU COULD MEET ANYONE, LIVING OR DEAD, WHO WOULD YOU, MEET?**

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Jal alud'din Rumi, the thirteen-century Persian lawyer-divine and Sufi, widely considered literature's greatest mystical poets, understood very well the uncontrollable and idiosyncratic impact of poetry. Yet one wonders if even he, for all his intuitive grasp of language, humanity and the cosmos foresaw the deep and diverse influence he truly had.

## MARKS CORNER

Well this wet weather has seen the return of my two ducks John and Norma. They have been returning to my garden for 10 years now. Love them to bits but it also means another two beaks to feed each day!



"Mavis leading the flock"



"Hariss & Marlon's first lay"

The continued rain up North where I live have caused extensive flooding not just to me, but to my chickens too! As you know my livestock are very dear to me. However, just like me they have braved the rain and even though their run was waterlogged and feet got wet; they've continue to lay eggs. I think I need to buy 'chicken wellington boots' for them!

More to follow in future editions.





Please ask at Reception for details if you want to Refer a Friend for our following courses:

HNC / HND in Business  
Functional Skills (English & Maths)



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